



Live Authentic University

Accelerated Board Christian Counselor Certification
Zoom Course | 10 week-Cohort | 2023 Syllabus

Live Authentic University in partnership with National Association of Christian Counselors, is a division of Authentic Perspectives Counseling and Coaching, LLC. We are a co-ed counseling and coaching training center that train and certify men and women to become Certified Christian Counselors and Life Coaches. For more information go to www.latanyadwalker.org/liveauthenticuniversity

Course Title	Board Certified Christian Counselor
Format	Accelerated Instruction via Microsoft Teams
Instructor	La Tanya D. Walker
Office Hours	Tuesdays: (by Appointment)
Contact Information	latanya@latanyadwalker.org
Instructional Support Associates Contact	Sharon Oglesby or Paul Richard info@latanyadwalker.org

Personal Introduction:

Welcome to Live Authentic University. I am La Tanya D. Walker, and I will be your instructor for your Board-Certified Christian Counselor program. By way of a very brief introduction, I, too, am a Board-Certified Christian Counselor. I earned an Associates and Bachelor of Arts in Interdisciplinary Studies with a focus on Business & Religion. I am also graduate intern (under supervision) earning my Master of Education in Clinical Mental Health Counseling. My core areas of focus are inner healing, depression, anxiety, crisis counseling, self-care, individual, Work. Life. Balance, spiritual development, intentionality, and pre-marital counseling. I have been self-employed since 2001.

Course Description/Overview:

This course serves as a 10-week accelerated board certified Christian Counselors course, established to support the current need of helping people regain a sense of hope for their lives that is found in Jesus Christ. LAU Certification is **NOT** to be confused with state licensing. Most states have laws governing the practice of general counseling. These laws vary from state to state. The purpose of state regulatory laws is to protect the public and ensure professionalism within the counseling profession. LAU strives to attain the same goals, and more. As Christians we know that counseling with the Word of God is the only answer for a dying world, yet at the same time, we must purpose to operate within the legal guidelines set forth by state regulations.

The state recognizes that counseling is one of the responsibilities of the local church. For this reason, the state does not interfere with the ministry of counseling, if counseling is provided under the following conditions:

- That the counseling service is provided through a legally organized/operated local church or a nationally recognized denomination.
- That the counselor is trained and commissioned by the legally recognized organization. For this purpose, LAU has partnered with the National Association of Christian Counselors to offer such certification.

Primary Skills acquired under LAU's Certification Program:

- Acquire REAL Help Skills: Learning to reach with discernment
- Assist with Truth Key Questions & Lead with Resources
- Learn When to Refer Severity of Symptoms
- Learn Legal & Ethical Standards of Christian Counseling
- Define Christian Counseling and its Goals
- Know the difference between Christian Counseling vs. Secular Psychology Summary

- Counselor self-development
- Introduction to Crisis Counseling

Measurable Learning Outcomes

Upon successful completion of this course, the student will receive:

- One (1) - Wood-framed Certificate of Completion as a Board-Certified Christian Counselor
- One (1) - Wallet-size certificate
- One-year annual board certification paid (\$75 dollar value)
- 15 credit hours towards an associate degree in Christian Counseling*

Course Resources

To successfully complete training, student will need:

- LACC training manual (provided the 1st day of class)
- Access to a printer (to print manual)
- Laptop or computer with basic audio and video equipment
- Internet access (broadband recommended)
- Access to email
- Adobe PDF or Microsoft Word
- A heart ready to receive

Course Schedule (subject to change)

Students meet every Monday [except for holidays] from 6:30 - 8:00 p.m. eastern daylight time. Classes are held via LAU's virtual classroom via Microsoft Teams. Please be flexible in your learning, as this syllabus is subject to change without notice.

Part I: Foundations of Counseling

The modules under this section studies the foundations of counseling, the effects of counseling, ethical standards.

- **Modules 1-3: Christian Counseling Outlook**
 - Introduction to Lay Christian Counseling
 - What Makes Counseling Unique
 - The Counselor and Counseling
 - Ethical Standards of Counseling & Confidentiality

Part II: The Counseling Process

The modules under this section studies REAL Helping Skills, identifying problems and effective listening skills

- **Modules 4-7: The Core of Counseling**
 - The Counseling Relationship
 - Rapport Building
 - Building Trust
 - Things to Observe
 - Developing Counseling Skills
 - R.E.A.L. Helping Skills
 - Effective Listening Skills
 - How to Help the Hurting
 - Prominent Issues in Counseling
 - Depression
 - Anxiety
 - Anger
 - Family Issues
 - Marriage Issues
 - When a Child Needs Help

Part III: Assessment and Certification

- **Modules 9-10:**

- Role Play
- Ministry & Business Management
- Case Studies Due
- Final Exam (Closed Book)

Required Reading

- Christian Counseling 3rd Edition: Revised and Updated Paperback by Gary Collins

Course Structure

This course is presented in an intensive 10-week format. Each week includes readings from assigned texts on the topic, weekly discussion with the Instructor, discussion with your colleagues* and assignments for you to apply the concepts discussed in each week. Case Studies are introduced in Week 2 and are due with a final exam in Week 10.

Course Attendance

Attendance is measured by physical class attendance or any submission of a required assignment within the enrollment dates of the course (such as written papers where applicable, exams, etc.) or initiating any communication with one's instructor regarding the course subject matter. Regular attendance in online courses is expected throughout the length of the term with full participation. However, one (1) documented exception will be granted for extenuating circumstances. **You cannot be driving or on a phone while in class. You must be in a private/confidential setting for the full hour and approximately thirty minutes, as confidential information among your peers may be disclosed. Do not come to class in bed or in pajama's.** It is the student's responsibility to get with teacher and/or peers for any missed assignments. Please check your email, Microsoft Teams, or your calendar for the link before contacting the administrator.

Homework and Late Assignment Policy

Course assignments are due no later than 11:59 p.m., eastern standard time each Sunday. If student is unable to complete an assignment on time, then he or she must contact the Instructor or Office Administrator, immediately by email. All missed assignments must be completed and submitted no later than Week 9 in order to receive your certificate. Certificate of completion will not be granted until 80% of assigned work is completed.

Instructional Associates

Each course section is led by La Tanya D. Walker and an instructional associate (IA) who is also a Board Certified Christian Counselor. From time-to-time the IA will facilitate your class. Please contact the IA with any questions related to the course process. The IA serves a very important role for you and for us. In the subject line, put your name and program when sending an email. Questions related to course content should be directed to La Tanya D. Walker for resolution. Often students have the same question. When this is the case, we collect the questions and post a general response in via email or in the **LAU Christian Counselor Facebook Group Page**. However, if your issue is not resolved, please feel free to contact the course instructor directly.

The course facilitator or IA will respond to student emails within 24-72 business hours. This turnaround time does not apply to instructor and IA on weekends, holidays and self-care days. All assignments will be graded or a provided a response within 72 hours of the due date with course deadlines.

Course Evaluation

At the conclusion of this course, you will be asked to complete the evaluation survey regarding: (a) the presentation of coursework, (b) the content of coursework, and (c) the delivery of the coursework. This is sent to the email you provided at enrollment. Please check your email often.

Syllabus Subject to Change

While information and assurances are provided in this course syllabus, it should be understood that content may change per instructors discretion. Hence, in keeping with new research and literature and that events beyond the control of the instructor could occur, and that may also result in changes to the course content or syllabus. Students will be informed of any information or substantive occurrences of syllabus changes.

COURSE REQUIREMENTS AND ASSIGNMENTS

All assignments must be completed in Microsoft Word or using Google Docs. No other format will be excepted (i.e., pictures, handwritten, etc.)